

Life's Map: The new beginning - From Death to Transformation

In the course of a year, a lot can change in our lives, and who can know this better than I can? The last year of my life was just like any other: office work, spending quality time with children, parents, and everyday routine.

But now, I don't feel the same about myself or my feelings - neither how I feel about things around me nor how I look at them.

April 2021 changed my life completely. My brother suddenly left us and left an empty void in our lives. He couldn't be saved despite our best efforts. My brother's battle with death was constant, and eventually, he lost; we all lost.

I was in extreme pain and agony for the next couple of months. Death is inevitable. But seeing someone die so young breaks not only the family members but also everyone around. It broke me further when I thought of my parents - how they must be feeling watching their young son die in front of their eyes. Can there be a more unfortunate event in one's life?

I was lost for a couple of months, as I mentioned. It is difficult to explain the feeling in words. It almost seemed like I had no feeling at all. I had no clue what I should do to cure my pain. I tried everything, but it only made things worse.

Initially, I was living a life in denial. But, eventually, reality sank in. I had so many questions about life, death, and the ultimate truth of life. To be honest, I had never given much thought to life and death before this unfortunate event. But, post his death, I had so many questions that it became impossible to even sleep at night at one time.

I had two choices in front of me: I could either run away from these questions or try to find answers to them. I chose the latter.

Considering the circumstances, finding the answers was a wise decision. It transformed me. I learned so much more about life, and my perspective about so many things changed completely.

As I began to have a new perspective, I decided to share it with everyone. I decided to write the book based on my understanding and the tough times I have gone through. I have seen death very closely. My brother and hundreds of others fought for their lives for a week, but they eventually lost. I was in the hospital 24 hours a day, watching them battle for their lives and then die. I have seen them in fear - every single person in the hospital feared death. When we know we will die, why are we afraid of it? It made me look at our life and the problems in our upbringing. It was the trigger point - the reason to write the book.

I have put all my thoughts in Life's Map (my book). I have finished writing the book now, and it will soon be available on different platforms for purchase. The journey was not easy - reliving the moments of pain, anguish, and distress were hard.

However, nothing good comes without pain. We don't want pain in our life, but the truth is - pain sometimes works like magic. Pain isn't the enemy. Pain is a part of living. Pain is a sign that you're growing, and if you can channelize energy from your pain in the right way, it can transform you - as it transformed me.

There is only one choice - To continue living to satisfy our ego, brain, and body's physical needs. Alternatively, we can find and live by our own simple truths. If you choose the second option, you need to examine your life differently; you need to find the truth first. Throughout my book, I make it easy for readers to recognize where we are going wrong in our lives and what we can do to live a more satisfying life.

We already know about God and religion, so we do not need to learn more about them. It is rather a collection of my experiences and new vantage points on life. You might want to check out Life's Map if you are unsatisfied with your existing situation.